

THE TALENT CODE

By Dan Coyle

Build that Myelin!!!

Try again, fail again, fail better next time.

1. Pick a highly specific Target or Goal
2. Reach for It with focus and intensity
3. Evaluate the gap between target and reach
4. Back to step one.

You will be driven by a feeling that "You better get busy". You will respond to PRAISE FOR EFFORT. - Your struggle matters to our group. Your group is together in a strange and dangerous world.

In order to reach your goal you will need to:

Chunk It- make it manageable. It is not how fast you can do it, it is how slow you can do it correctly

Respect it

Learn to feel it

Sense the errors, be bothered by them.

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More information on the Website