

2008-2009

Student Activities
HANDBOOK
for *High School Students*



Fairbanks North Star Borough School District

520 Fifth Avenue • Fairbanks, Alaska 99701 • (907) 452-2000
www.northstar.k12.ak.us

Notice of Nondiscrimination

The Fairbanks North Star Borough School District does not discriminate on the basis of race, color, religion, sex, age, national origin, disability, marital status, pregnancy, sexual orientation or veteran status. The Fairbanks North Star Borough School District does not discriminate on the basis of sex in violation of Title IX of the Education Amendments of 1972 in the educational programs or activities which it operates.

The Fairbanks North Star Borough School District does not discriminate on the basis of disability in violation of Section 504 of the Rehabilitation Act of 1973. This includes admission or access to, or treatment or employment in its programs, services, and activities.

Individuals requiring further information should contact the designated compliance director:

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Sportsmanship Creed

All contests are played under the authority of the Alaska School Activities Association (ASAA). ASAA rules provide for fair play and good sportsmanship among athletes and coaches. Since booing and jeering do not support anyone, we hope you will be positive in supporting your favorite team. As athletes, we ask that spectators promote the ideals of good sportsmanship by applauding fair play and showing respect for all participants and officials.

High Schools

Ben Eielson Jr/Sr High School (7-12)

Principal: Mario Gatto
Activity Coordinators: Kelly Growden, Liz Hursh, David DeVaughn
372-3110

Effie Kokrine Charter School (7-12)

Linda Evans, Principal
Thomas Sullivan, Athletic Director
474-0958

Hutchison High School (9-12)

Principal: Jeanette Hayden
Activities Coordinator: Jenny Benson
479-2261

Lathrop High School (9-12)

Principal: Karen Gaborik
Activities Coordinator: Steve Zannazo
456-7794

North Pole High School (9-12)

Principal: A.C. Woolnough
Activities Coordinator: Walter Armstrong
488-3761

West Valley High School (9-12)

Principal: Shaun Kraska
Activities Coordinator: Missy Poeschel
479-4221

District Activities Coordinator

Conrad Gonzalez
452-4751 Ext. 9361

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INTRODUCTION

The Fairbanks North Star Borough School District provides for co-curricular and extracurricular activities as an integral part of the total secondary school educational program. The opportunity to participate in a wide variety of activities is extended to all students who achieve the district's academic and social standards.

Research has shown that students who participate in activities tend to have higher grade point averages, better attendance records, and fewer discipline problems during the time they are participating. Research has also shown there is a high correlation between participation in extracurricular activities and success later in life.

It is important to remember that participation in activities is a privilege and not a protected right. When taking part in activities you are representing yourself, your family, your school and the Fairbanks North Star Borough School District. You must, therefore, act responsibly, display good sportsmanship, and abide by the rules and regulations set forth in this handbook.

This handbook has been approved as part of the School Board Administrative Regulations 955.

NATIONAL COLLEGIATE ATHLETE ASSOCIATION (NCAA) INITIAL ELIGIBILITY

OR

NATIONAL ASSOCIATION OF INTERCOLLEGIATE ATHLETICS (NAIA)

To be considered a qualifier at a Division I or Division II NCAA institution and be eligible for financial aid, practice and competition during your first year, a student must graduate from high school and meet the current NCAA guidelines concerning CORE classes, GPA, and SAT and ACT score.

For student athletes entering college in the fall of 2008, the core course requirements for **DIVISION I NCAA institutions** only are increasing from 14 core courses to 16 (one additional math and one additional in any core area). **Division II core course requirements** remain at 14 until 2013. A quick reference guide is here:

http://www1.ncaa.org/eprise/main/membership/membership_svcs/eligibility-recruiting/faqs/ie_quick_ref.pdf

Coaches should direct students and parents to their guidance counselor and the NCAA National Office at (877) 262-1492 or on-line at www.ncaaclearinghouse.net and to the NCAA's Guide to the College Bound Student-Athlete (http://www.ncaa.org/library/general/cbsa/2007-08/2007-08_cbsa.pdf) which walks student athletes and their parents through the process for more information concerning eligibility at the collegiate level. **The Clearinghouse is for Division I and Division II NCAA schools only.**

Student athletes seeking to enter a **Division III NCAA school** should contact the school's athletic department directly for initial eligibility information
OR

To be considered a qualifier at a non-NCAA institution, contact the National Association of Intercollegiate Athletics (NAIA) at (913) 791-0044 or on-line at <http://naia.cstv.com/member-services/attend.htm> for information concerning athletics at NAIA member schools.

HIGH SCHOOL ACTIVITIES PHILOSOPHY

The purpose of the Fairbanks North Star Borough School District is to provide an equal educational opportunity for each student to become a productive member of a diverse and changing society and to reach his/her full potential.

Co-curricular and extracurricular activities shall be an integral part of the total educational program. The purpose of these activity programs is to enhance the development of knowledge, skills, and emotional patterns which characterize responsible citizens. Emphasis shall be upon teaching through activities in addition to teaching the "skills" of activities. Activities shall be tailored to the physical, mental, and emotional maturity levels of the youths participating in them and shall be primarily for the benefit of those youths. Active participation, individual improvement, and healthy competition are integral elements of all student activities.

Each program should strive to develop in the student those traits and skills that will provide efficient problem-solving and decision-making skills as well as the understanding to accept the consequences of their decisions and choices.

All students are encouraged to participate in co-curricular and extracurricular activities. Many of these programs do not limit the number of participants but there are some extracurricular activities that do limit the number of participants. Those students who try out for an activity but do not make the team are encouraged to seek other opportunities provided by the Fairbanks community.

Participation in activities is a privilege granted to students who meet the minimum standards of eligibility adopted cooperatively by the schools through the Alaska School Activities Association, the Fairbanks North Star Borough School District policies and regulations, and those additional standards established by each school for its own students.

ACTIVITY OFFERINGS

Student activity offerings at each high school may vary depending on student interests, facilities, budget, and availability of qualified sponsors.

Activities may include but are not limited to the following:

Academic Decathlon	Football	Soccer
Art Club	Foreign Language Club	Softball
Band	Gymnastics	Student Council
Baseball	Hockey	Swimming
Basketball	Honor Society	Tennis
Cheerleading	International Club	Track & Field
Class Officers	Key Club	VICA
X-C Running	Orchestra	Volleyball (girls)
X-C Skiing	Rifle Club	Wrestling
Debate/Forensic	ROTC	Wrestling Managers
Declamation	Science Symposium	Yearbook
Drama		

DEFINITION OF PARTICIPATION

Participation - Grades 9-12: To try out, practice, or compete with a school team; to act as an officer in a school district approved organization; to take part in team activities.

ELIGIBILITY

To participate, a high school athlete must meet Alaska School Activities Association rules and comply with all relevant FNSB School District policies and regulations.

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*School Board Policy 955.1
Academic Standards for Secondary Activities*

To be eligible for participation in an extracurricular activity for which the district provides a sponsor, a student in grades 7-12 must have a 2.0 (C) grade point average with no more than one F for that grading period, at the end of the first and third quarter and each semester. Students participating in ASAA sanctioned activities shall meet all eligibility requirements as specified in the ASAA bylaws.

Because of program modifications that have been made in the program, special education students are expected to meet district standards.

High school student athletes will not be allowed to tryout, practice, or play while academically ineligible. Students in the process of obtaining eligibility through the ASAA waiver process may tryout and practice pending the outcome of the waiver request.

In order to attain eligibility to practice/participate in fall activities, high school students must have all summer course work completed, graded, recorded, and confirmed by the school administrator prior to the student's first day of practice. If a student fails to have summer work completed, graded, recorded and confirmed by the school administrator by the first academic contact day (August 20, 2007), the student will be ineligible to practice/participate in activities during the first academic quarter.

SUMMER SCHOOL OR CORRESPONDENCE CLASSES (cross reference with AR 955.1)

District approved summer school courses and/or correspondence classes, when completed (all assignments and tests finished) prior to August 1, will be calculated with the spring semester grades when determining eligibility for the first quarter activities for the following school year. The re-calculation of the student's GPA and determination of eligibility status shall occur immediately upon receipt by the district of documented final grades. The effects of re-take

courses and calculation of GPA shall be done according to policy 981.1.

FNSBSD B.E.S.T. PROGRAM

Students enrolling in the FNSBSD B.E.S.T. Correspondence Program (home school and online) will be required to provide proof of physical residence to determine their home attendance area school for activities' purposes.

Secondary (7th through 12th grade) students in the B.E.S.T. Program will only be allowed to participate in activities at their home attendance area school. Students enrolled full time in the B.E.S.T. program must finish all courses within the semester they are started. All courses taken through the B.E.S.T. program will count toward eligibility

The ASAA board has approved a request for a one-time waiver of the Transfer Rule for boroughwide students transferring from other correspondence programs into the district's new B.E.S.T. homeschool/correspondence program during the 2008-09 school year.

OUTSIDE CREDIT

High school students may take outside credit courses per AR 984.3. All outside credit will only be counted towards eligibility when completed and recorded on the student's transcript. See your counselor for information and details.

CHARTER SCHOOLS AND HUTCHISON HIGH

In regard to district schools that are not ASAA members (Star of the North Charter School), their students are eligible to participate in extracurricular athletics at the school of their home attendance area.

Hutchison High School is a school of choice established to provide curriculum not offered at other high schools and our agreement with ASAA is based upon that premise. Hutchison has no specific attendance area other than the school district boundaries. In other words, the sports at Hutchison are for those students who attend Hutchison full time

Students at Star of the North Charter School may only participate in athletics at Eielson, Lathrop, North Pole and West Valley depending on where they reside. These students must meet the same FNSB School District's eligibility rules and those rules of their home school.

AGE

A high school student who becomes 19 years of age by August 1 shall be ineligible for interscholastic competition. (ASAA Article 12, Section 6).

ATTENDANCE

In order to practice or participate in an activity, a student must be in attendance a full-day (all periods enrolled) on the day of the activity or practice. Students who are more than 10 minutes late to any class will be considered absent regardless of whether or not a parent has called to excuse them.

Activities occurring on non-school days or activities that require travel on school days will require attendance for a full day on the last school day prior to the activity.

Exceptions to the above rules may be granted by the administration but must be requested and approved at least a day prior to the absence.

Extenuating circumstances, such as medical emergencies and unavoidable situations, will be handled on a case-by-case basis by the building principal.

PHYSICALS: (Refer to Board Policy 955.34)

Any student in grades 9 through 12, who participates in athletic activities, both interscholastic and intramural, including cheerleading, must have a physical examination and a signed parent consent form on file prior to beginning his/her first team practice of the school year. The physical must be performed by an M.D., a D.O., or a P.A. under supervision of an M.D. or a D.O.

INELIGIBLE PLAYER VIOLATIONS

A team playing an ineligible player shall forfeit any and all contests in which that player participated. Participation shall include dressing out and/or sitting on the team bench.

RULES OF CONDUCT

STUDENTS

A student who is enrolled in the Fairbanks North Star Borough School District is subject to School Board policies and school rules. As participation in activities is a privilege and not a protected right, students may lose their privilege of participation when they are found in violation of School Board policies up to and including removal from participation in extracurricular or co-curricular activities. By state law, the school

district and law enforcement agencies collaborate in sharing information regarding minor or juvenile violations.

Pursuant to Board Policy 1042.1 Subject to School Authority

...student misconduct which occurs off school property or outside the school day may be subject to school disciplinary action provided that the misconduct is shown to be related to school order...

For the purpose of activities, "school order" is affected when students participating in activities exhibit undesirable behavior, resulting in negative impact on their peers as well as the entire school community.

School Board Policy 1049 Alcohol and Other Drug Violations

It is the intent of the Fairbanks North Star Borough School District to maintain a drug free and alcohol-free school environment so learning can take place; to educate students so they are aware of the issues and problems related to the use of drugs and substances; to identify students who have substance abuse problems; to refer students for treatment services which are beyond the scope of the schools; and to work with parents and community agencies in solving the problems related to substance abuse.

When a student is found to be in violation of School Board Policy 1049, which prohibits the possession, distribution, and/or use of drugs or alcohol, the following additional consequences will apply to students participating in activities:

1st offense - suspension from all co-curricular and extracurricular activities for fifteen (15) school days and required to obtain an assessment and comply with assessment recommendations.

Non-compliance with assessment recommendations will result in suspension from all co-curricular and extracurricular activities for 45-school days.

2nd offense - suspension from all co-curricular and extracurricular activities for 45-school days.

Subsequent violations will result in additional suspension for all co-curricular and extracurricular activities for 45-school days and may result in removal from extracurricular or co-curricular activities.

School Board Policy 1048.6 Criminal Offenses

Any violation of federal, state, or local criminal laws, statutes, or ordinances by students when under school authority is prohibited. Students violating criminal laws may receive disciplinary sanctions and local law enforcement may be notified.

A student found in violation of School Board Policy 1048.6 which prohibits criminal action on school property or at school-sponsored activities will immediately be precluded from participating in any school-sponsored activity for 45-school days effective the day of administrative discipline and may result in removal from extracurricular or co-curricular activities.

School Board Policy 1048.1 Hazing

There will be no hazing of students by anyone in any way. Hazing means a behavior or pattern of behavior directed at one or more specific individuals which persecutes, harasses, humiliates, degrades, or endangers the physical safety of an individual.

School Board Policy 1042.4 Initiations

All forms of initiations by school or non-school groups are prohibited unless prior approval has been obtained from the building principal. An initiation is a ceremony, ritual, test or activity with which a group admits a new member.

In obtaining prior approval, the following rules apply:

- *The group proposing the initiation must have an adult sponsor.*
- *The group or sponsor must submit a written request to the principal with details of the proposed initiation activity at least three weeks prior to the activity.*
- *The principal has the authority to amend, change, or put conditions on the proposed initiation activity prior to granting approval.*
- *No initiation that meets the definition of hazing shall be approved under any circumstances.*
- *Approval must be applied for annually or, in any event, before any subsequent initiation.*

Students who commit any other behavior that displays poor citizenship in the judgment of the building principal whether it occurs on or off school property, whether it occurs during the school day, and whether a student is involved in activities at the time of the offense may also lose their privilege to participate.

Coaches and sponsors may have additional rules of conduct for their individual teams and organizations with prior approval of the building principal. These rules cannot supersede or nullify School Board policy or regulations. For example, a student ejected from a contest for fighting will face suspension from school as noted in the district's discipline policies.

NOTE: Students are ineligible for participation in any student activity while suspended (in or out of school) or expelled from school.

This ineligibility status shall begin on the day of the recommended administrative action and shall continue through the end of the last day of the discipline imposed.

STUDENT TRAVEL "RULES OF THE ROAD"

Fairbanks North Star Borough School District students are expected to conduct themselves with honor and integrity at all times while traveling within or outside of the school district. Students should consider themselves ambassadors for their families, school, and community. Travel rules are established for the benefit of participating students, coaches, and chaperones.

1. All school and school district policies are in effect for the duration of the trip as covered in the High School Student Activities Handbook.
2. Students are expected to follow all directions given by coaches, sponsors, and chaperones.
3. Disrespectful, destructive, or any behavior considered being detrimental to the program or which brings disfavor upon the school or the school district shall not be tolerated. This behavior shall include but is not be limited to:
 - a. Alcohol or drug use;
 - b. Public displays of affection or sexual contact of any kind;
 - c. Any unsanctioned initiations or hazing;
 - d. Vandalism or trashing of rooms or other property;
 - e. Shoplifting or other illegal actions.
4. Coaches shall establish curfew hours while on the road for the benefit of the team. The curfew time is not negotiable.
5. Only those students assigned to a room may be in that room after curfew.
6. Students are not allowed in rooms occupied by persons not affiliated with the team or the school they represent.
7. Students are not allowed in rooms assigned to persons of the opposite sex.
8. People not associated with the team or the school shall not be allowed in team rooms.
9. Students on trips may not leave the team unless accompanied by a parent or guardian and written permission has been given to, and explicit

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agreement has been given by, the coach or sponsor.

10. Students are expected to adhere to all school and team rules and attend all team functions.
11. When in public on road trips, students shall be in groups of three (3) or more.
12. When in a hotel and outside your assigned room, students shall be in groups of two (2) or more.
13. While on school sponsored trips, students are expected to dress appropriately and to follow the school dress code.
14. Coaches/sponsors will address the code of conduct to be adhered to on busses or public transportation.
15. Teams will clean up their areas prior to leaving any competition site.
16. Students shall demonstrate good sportsmanship at all times.
17. Additional rules may apply and shall be covered by the coach or sponsor prior to departure or before certain activities.

Should any FNSBSD student break any of these rules one of the following consequences may be taken:

1. The student may be withdrawn from the competition;
2. The student may be sent home immediately at his/her parent's expense;
3. The student may be suspended from the program for a length of time to be determined by the coach and/or the administration depending on the severity of the infraction;
4. The student may be dismissed from the program;
5. The student may be subject to further consequences above and beyond those listed here, to be determined by the school administration or the Superintendent.

SPORTSMANSHIP

A sportsman is one who engages in sports in a fair and generous fashion. Unsportsmanlike conduct, then, would be conduct that is prejudicial to the fair and generous acceptance of the rules of the activity, the officials, the opponents, and the policies of the schools and the coach. Actions which bring discredit upon the school, the activity, the officials, the rules or the opponents may be considered unsportsmanlike.

This type of conduct is not always specifically covered by a rule, but is usually related to an unwillingness to accept that an attitude of fairness and generosity is

required if an activity is to be consistent with a purpose for which it was conceived. The taking of unfair advantage, willful or malicious disrespect, demeaning gestures and excessive complaining can be considered examples of unsportsmanlike conduct. Whenever the reasonable and just application of the rules is not successful in controlling the demeanor of the participants or those associated with their participation, the application of an unsportsmanlike penalty is both warranted and justified.

Any student or coach who is ejected from a contest will not be eligible to participate in the next contest. Additional penalties may be imposed by the school district.

Captain - The position of captain is more than honorary; it is one of leadership and team responsibility. The duties, under the direction of the coach, shall pertain to:

1. Assisting with the control of the team on the field of play, and directing the team in a manner which reflects credit to self, team, school, and community.
2. Cooperating with school and game officials and assisting the coach in the enforcement of established training regulations.

Manager - Managers are looked upon as important personnel in the total athletic program. Their behavior and work have a great effect on team morale. They should be willing workers and possess a high degree of loyalty and respect for private and public property. The manager's duties under the direction of the coach shall pertain to:

1. Issuing, marking, repairing, and assisting in making inventories of sports equipment.
2. Directing the duties of assistants.
3. Performing such duties as may be assigned by the coach.
4. Assisting the coach in preparing and filing the necessary athletic reports.

Player –

1. Play, have fun, and enjoy the game. The game is for you!
2. Demonstrate good sportsmanship toward your opponents and treat them with respect.
3. Exercise self-control at all times; accept decisions and abide by them.
4. Respect the officials' judgment and interpretations of the rules.
5. Regarding clarification of a ruling, communicate with the officials through your captain only.

6. Accept victory with humility and defeat with grace. Be neither boastful nor bitter.

Personal Conduct/Sportsmanship

(ASAA Bylaws Article 6, section 5)

All Association contests or events must feature high standards of courtesy, fair dealing and sportsmanship.

In matters pertaining to personal conduct, such as gross violations of sportsmanship, attacks on officials and other gross misconduct by any student, school staff member, coach or school community member, where the school has failed to act reasonably in controlling the student, staff member, coach or community member, the Association will determine appropriate penalties and whether or not the student, coach or school will be suspended or barred from future contests or events.

Penalty for Player Ejection

1. Player must refrain from participation in any scheduled contest in the same activity (game suspension) until completion of the next regularly scheduled contest at the same level (i.e. JV, Varsity). Schools may not schedule additional contests to circumvent this provision.
2. Player may sit on bench but not be dressed down.

Penalty for Coach Ejection

1. Coach must refrain from coaching in any scheduled contest in the same activity (game suspension) until completion of the next regularly scheduled contest at the same level. Schools may not schedule additional contests to circumvent this provision.
2. Coach may not be physically at the site of the next contest, nor may he/she have any contact, direct or indirect, with their teams during the contest while suspended. The head coach is responsible for reporting an ejection within 24 hours to his/her administrator. A player or coach who fails to serve a required game suspension under this rule will be subject to penalty (See Section 6).

Schools and officials must notify the Association whenever a player or a coach is ejected from a game or contest by submitting a *Contest Ejection or Hockey Penalty Incident* form.

MEDIA RELATIONS

Maintaining a positive public image is the responsibility of all student athletes of the FNSBSD. Providing the press with positive accounts of athletic events is an important role of participants and others involved in activities.

Remember, what a player says--in the heat of the competition--or what he/she is quoted as saying--can have lasting repercussions. Make sure your statements reflect well on your team and your school. Always be sure that you model good sportsmanship; find something positive to say. Remember, you are a student athlete, not a professional athlete.

PARENT/ COACH/ SPONSOR COMMUNICATION

Parent/Coach Relationship

The school district is pleased when students choose to participate in a FNSBSD sport or activity. Please be assured that we will do all that is possible to provide a positive experience for him or her. Possibly the most important ingredient to achieve this outcome is to insure that the lines of communication are developed to allow free and easy resolution of questions before they become issues. The following guidelines are intended to spell out all levels of communications so that parents, coaches, sponsors, and athletes/participants are aware of the available avenues to answer questions or resolve issues.

Communications Parents May Expect From Coaches or Activity Sponsors

1. Philosophy of the coach/sponsor;
2. Expectations the coach/sponsor has for your son/daughter;
3. Location and times of all activities, practices and contests;
4. Team/activity requirements;
5. Participant's code of conduct and consequences for not following those guidelines;
6. Procedures to follow should your son/daughter become injured during participation;
7. Requirements to earn a Varsity Letter (athletics);
8. Communication concerning your athlete's role on the team and how he/she fits into the future of the program.

Communications Coaches/Sponsors Expect From Parents

1. Concerns expressed directly to the coach/sponsor first;
2. Advance notification of any schedule conflicts as soon as possible in advance;
3. Specific concerns in regards to a coach's/sponsor's philosophy and/or expectations.

As students become involved with various sports and activities at their school, they will experience some of the most rewarding moments of their lives. It is important to understand that there may be times when things do not go according to their wishes. At these times, discussion with coaches and sponsors may be the quickest and most effective way to clear up the issue and avoid any misunderstanding.

Appropriate Concerns for Parents to Discuss with Coaches/Sponsors

1. Your son/daughter's health and welfare;
2. Ways to help our son/daughter improve;
3. Concerns about your son's/daughter's behavior.

At times it may be difficult to accept the fact your son/daughter is not playing as much as you or he/she would like. Coaches are professionals who make judgment decisions based on what they believe is best for the team and all involved. The school district recognizes the coach's authority and discretion to make the following decisions.

Decisions Made by Coaches

1. Team selection;
2. Playing time;
3. Team strategy;
4. Play calling;
5. Matters concerning other students/athletes.

The Best Way to Discuss a Concern with a Coach/Sponsor

There are situations that may require a conference between the coach or sponsor, the athlete/participant, and the parent. These are to be encouraged. It is important that all parties have a clear understanding of the other person's role and position. When these conferences are necessary, the following procedures should be followed to help promote resolution to the issue or concern.

1. Your son or daughter should first talk with the coach/sponsor about his/her concerns;
2. Call the school to set up an appointment with the coach/sponsor;
3. If a coach/sponsor cannot be reached after a reasonable time, call your school's Activities Coordinator who will arrange an appointment for you;
4. Please do not approach a coach/sponsor before, during, or after a contest or practice. Coaches and sponsors have pre- and post- event responsibilities including student supervision. Meetings at these times usually do not work well for the coach/sponsor, the parent, or the student, and often further exacerbate the concern.

The Next Step: What Can a Parent do if the Meeting with the Coach/Sponsor did not provide a Satisfactory Resolution?

1. Call and set up an appointment with the Activities Coordinator of the school and the coach to discuss the situation;
2. At this meeting, the appropriate next step can be determined as necessary.

Whether or not this step is ever reached, please keep in mind the following protocol when you elect to pursue a concern you may have regarding your son's or your daughter's experience in a FNSBSD sport or activity. Try to resolve your question at the lowest level possible.

1. Begin with your student's coach/sponsor, followed only if necessary by:
2. The Head Coach (if applicable),
3. The school's Activities Coordinator,
4. The Principal,
5. The Executive Director of Human Resources for the FNSBSD.

PARTICIPATION INFORMATION

TITLE IX

The Fairbanks North Star Borough School District believes in the rights of all students. The district goal is to give equal opportunity to all students. No person connected with the Fairbanks North Star Borough School District shall, on the basis of race, color, religion, sex, age, national origin, disability, marital status, pregnancy, or sexual orientation, be excluded from participation in, be denied the benefits of, or be subject to discrimination under any educational program or activity. The district's Title IX coordinator may be contacted at 452-2000, ext 466.

EQUIPMENT AND UNIFORMS

Students are responsible for returning all equipment and/or uniforms issued to them or they shall pay for replacement. If equipment is neither returned, replaced, nor paid for, the letter award shall not be given and no further equipment shall be issued.

TRANSPORTATION IN PRIVATE VEHICLES

School Board Policy 762 "forbids the transportation of students by employees in private vehicles for school purposes without prior authorization of the Superintendent." Parent requests to transport students other than their own children on district-sponsored activity trips presents a liability exposure for the school district that is even greater than what Policy 762 was intended to mitigate. In the unfortunate event of an accident, the parent would face significant liability exposure as well. Thus, students are expected to travel

to school-sponsored activities by the transportation provided by the school unless otherwise approved by the school administration.

The district contracts with various community organizations in a sponsorship agreement known as "outsourced sports." The above school district policy (policy 762) applies to out-sourced sports, although the coach may not technically be an employee of the district. Sponsors of district activities, including out-sourced sports, are not allowed to facilitate or coordinate parent transportation efforts.

Below are guidelines for district-sponsored activity team travel, including outsourced sports:

- Coaches are responsible for the health and welfare of students under their sponsorship, 24 hours a day, while on out of district travel;
- Coaches are not allowed to transfer this responsibility;
- If required by the coach, students are expected to travel to school-sponsored events within the district on transportation provided by the school;
- For school-sponsored events outside the district, students are expected to travel on transportation provided by the school;
- Agencies coordinating out-sourced sports must also provide appropriate transportation for out of district travel;
- Coaches may release students only to their parents on district-sponsored activity travel.

SUMMER TRAVEL

There will be no school-sponsored travel during summer vacation without prior approval of the School Board.

WINTER TRAVEL

The following administrative regulation is effective during the winter travel period (October 1 through April 1). Call the National Weather Service at 458-3745 ext. 1113 to verify the temperature.

Students are not to be transported by ground transportation outside the district when the temperature is -40 degrees F. or lower at departure time.

High school students traveling by ground transportation during the winter period must have the following in their possession: winter hat, winter coat, gloves, boots, snow pants, and winter sleeping bag. When ground transportation other than commercial contracted carriers is used, the sponsor shall have a cell phone available for emergency calls.

CHAPERONES FOR ACTIVITY TRAVEL

On all district-sponsored activity travel there shall be at least one same gender chaperone for each gender of students on the trip. An adequate number of same gender chaperones shall accompany students in order to maintain safety and discipline.

(See **STUDENT TRAVEL "RULES OF THE ROAD"**)

FUNDRAISING

All fundraising activities must be approved by the building principal and activity director **PRIOR** to implementation and must be in conformity with School Board policy, administrative regulations, and Alaska statute.

AWARDS

Criteria for the earning of student recognition, awards, letters and certificates will be determined jointly by the sponsor and school administration and will be made known to the student before the activity begins.

ATHLETIC TEAM SELECTION

The Fairbanks North Star Borough School District allows for a cut policy in all high school and junior high/middle school sport areas. Criteria for selecting a team are determined by the coach of each sport. This criterion is issued each season, in writing if requested, for each student trying out for a team.

INSURANCE

Students participating in school-sponsored interscholastic sports or intramural sports are covered by an insurance policy purchased by the district.

- The insurance is a secondary payer that takes effect after any other coverage has paid.
- Claim forms must be filed within 90 days of the first medical treatment.
- There is a deductible. The policy provides coverage for scheduled fees and includes "usual and customary" restrictions.
- The policy covers treatment for up to one year from the date of injury.
- This is accident only insurance. It does not cover conditions, which are not the direct and independent result of a specific accident (i.e., stress fracture would not be covered).

Athletes are responsible for reporting injuries to coaches/sponsors. Coaches are responsible for providing claim forms to injured athletes. Parents/guardians are responsible for mailing the claim form to the insurance company. If you have questions

about athletic insurance, call the Fairbanks North Star Borough Risk Manager at 459-1344.

RIFLE TEAM PARTICIPATION

Students participating in rifle team or rifle club are subject to these additional requirements:

- All shooting activities must take place at a district-approved facility.
- Before any shooting activities take place, each team member and his or her parent/guardian must be provided with printed information about the potential effects of lead exposure and how to obtain blood lead level testing.
- In addition to following all district rules, all students and coaches or sponsors must follow all rules and comply with any conditions and requirements of the district-approved shooting range.

ACTIVITY CONSENT & EMERGENCY MEDICAL FORM

The participating student and parent/guardian must sign a Fairbanks North Star Borough School District Activity Consent & Emergency Medical form. This form is available in your school or at the District Administrative Center.

Since research indicates that a student involved in extracurricular and co-curricular activities has a greater chance for success during adulthood, these programs have been established and are encouraged. Many of the character traits required to be a successful participant and team member are exactly those that promote a successful life after high school. We hope that the information provided here helps make FNSBSD athletics and activities as enjoyable and as positive as possible for both you and your student.

REMINDERS

1. Athletes are responsible for reporting injuries to coaches/sponsors. Coaches are responsible for providing claim forms to injured athletes. Parents/guardians are responsible for mailing the claim form to the insurance company. If you have questions about athletic insurance, call the Fairbanks North Star Borough Risk Manager at 459-1344.
2. A student who is enrolled in the Fairbanks North Star Borough School District is subject to School Board policies, regulations, and school rules. Participation in activities is a privilege and not a protected right. Students may lose their privilege of participation when they are found in violation of

School Board policies during the season up to and including removal from participation in extracurricular or co-curricular activities. By state law, the school district and law enforcement agencies collaborate in sharing information regarding minor or juvenile violations.

3. A sportsman is one who engages in sports in a fair and generous fashion. Unsportsmanlike conduct, then, would be conduct that is prejudicial to the fair and generous acceptance of the rules of the activity, the officials, the opponents, and the policies of the schools and the coach. Actions which bring discredit upon the school, the activity, the officials, the rules or the opponents may be considered unsportsmanlike. Such conduct may result in consequences recommended by the coach, sponsor, or principal.

Alaska School Activities Association

Listed below are selected rules of the Alaska School Activities Association (ASAA), the governing body of interscholastic athletics in Alaska. These rules address the most common questions and concerns about high school activities and have been condensed for this handbook. For information, interpretations, and additional policies, contact your school Activities' Coordinator.

ASAA "CODE OF CONDUCT"

Student participants are ambassadors of their school and community. As such, ASAA expects them to portray good citizenship and be good role models to those around them. To ensure the health, safety, and rights of all participant in ASAA sponsored events, the following Code of Conduct has been adopted by the ASAA Board of Directors.

1. All participants should be under the direct supervision of a school official or his/her designee at all times.
2. All participants are expected to attend all event sessions that are required by the school/coach.
3. All participants are expected to respect the rights, cultural diversity, and safety of others.
4. All participants will treat event personnel, including officials and opposing team members and staff, with dignity and respect.
5. All ASAA sponsored events will be conducted in drug-free environments. Use, possession, and/or distribution of alcohol, tobacco, or illegal drugs are strictly prohibited.

6. All participants will respect the property of other individuals and facilities. Vandalism, theft, and possession of stolen property will not be tolerated.

Violation of this Code of Conduct will result in the removal of the student's right to participate in the event, as well as to attend the event.

–Excerpts of Policies from the ASAA Handbook–

PRACTICE (Article 7, Section 5)

- A. All players must have ten (10) separate days of physical practice in the same sport activity prior to the first day of competition.
- B. When a student is participating in a recognized high school sport activity or is participating in a nationally recognized activity in the same sport which overlaps the beginning of another recognized sport season, the Executive Director may waive up to five (5) practices. Students may not have practices waived for entering the sports activities of *cheerleading, football, gymnastics, hockey, or wrestling* (see exception for returning Alaska high school wrestlers who are also football players) due to safety considerations and to the nature of these sports.

ENROLLMENT RULES (Article 12, Section 2)

Beginning with the first semester of the 2005-06 school years and thereafter:

- All freshmen, sophomores and junior students must be enrolled in a minimum of 5 semester units of credit or the equivalent to be eligible.
- Seniors who are on track to graduate and who have passed all parts of the HSGQE must take at least 4 semester units of credit or the equivalent to be eligible.
- Other seniors must be enrolled in a minimum of 5 semester units of credit or the equivalent to be eligible.
- In addition, all students must maintain at least an overall 2.0 GPA during the current semester to remain eligible. Students who do not maintain an overall 2.0 GPA may regain eligibility during the current semester by achieving and maintaining an overall 2.0 GPA within the school's grading system.

MAXIMUM PARTICIPATION (Article 12, Sec. 3)

Beginning with the 2006-2007 school year and thereafter, no student will have more than 8 consecutive semesters of eligibility.

- Students first entering 9th grade will have 8 consecutive semesters of eligibility.

- Students first entering 10th grade will have 6 consecutive semesters of eligibility remaining.
- Students first entering 11th grade will have 4 consecutive semesters of eligibility remaining.
- Students first entering 12th grade will have 2 consecutive semesters of eligibility remaining.

DUAL PARTICIPATION

A student participating as a member of a high school team must give priority to the high school program. Missing practice or contest to participate on a team outside the school program will result in removal from the high school team or activity.

A student athlete may participate on more than one team within the school during the same sport season if approved in writing by coaches, parents, and the school's administration.

CITIZENSHIP RULE

A student who is expelled from a school will not be eligible in another school during the duration of the expulsion.

SEMESTER CREDIT RULE (Article 12, Section 7)

All incoming freshmen are immediately eligible for the first semester. After the first semester, students must meet the following criteria to remain eligible for interscholastic competition:

Freshman, sophomores and juniors:

- Must be enrolled in a minimum of 5 semester units of credit or the equivalent to be eligible.
- Seniors who are on track to graduate and who have passed all parts of the HSGQE must take at least 4 semester units of credit or the equivalent to be eligible.
- Other seniors must be enrolled in a minimum of 5 semester units of credit or the equivalent to be eligible.
- In addition, all students must maintain at least an overall 2.0 GPA during the current semester to remain eligible. Students who do not maintain an overall 2.0 GPA may regain eligibility during the current semester by achieving and maintaining an overall 2.0 GPA within the school's grading system.

Freshman, sophomores and juniors:

- Must have passed at least 5 semester units of credit or the equivalent during the previous semester.
- Must have maintained at least an overall 2.0 GPA during the previous semester
- Those who have not maintained an overall 2.0 GPA during the previous semester may regain

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eligibility during the current semester by achieving and maintaining an overall 2.0 GPA within the school's grading system.

Seniors

- First entering 12th grade must have passed at least 5 semester units of credit or the equivalent during the previous semester.
- Second semester seniors who are on track to graduate and have passed all parts of the HSGQE must have passed 4 semester units of credit during the previous semester.
- All seniors must have maintained at least an overall 2.0 GPA during the previous semester.
- Seniors who have not maintained an overall 2.0 GPA during the previous semester may regain eligibility during the current semester by achieving and maintaining an overall 2.0 GPA within the school's grading system.

TRANSFER/RESIDENCY RULE (Article 12, Sect. 9A)

Entering High School: A student first entering the ninth grade of a four-year high school establishes residency at that school and shall be eligible for all interscholastic competition.

Transfer with Move of Parents: A student who transfers from one school's attendance area to another with a corresponding move of residence of the parents, legal guardians (or other person with whom the student has resided for a period of time to be determined by the Association) shall be eligible for interscholastic competition at the new school as soon as properly certified.

Transfer without a Move of Parents: A student who transfers without a bona fide change of residence of parents or guardians, is ineligible for interscholastic competition for ninety school days, including state approved inservice days, from the date of first attendance in the new school. Summer school attendance does not count towards the ninety school days period. Students who live with coaches are ineligible.

The ASAA board has approved a request for a one-time waiver of the Transfer Rule for boroughwide students transferring from other correspondence programs into the district's new B.E.S.T. homeschool/correspondence program during the 2008-09 school year.

Foreign Student Transfer Rule:

A. Foreign Exchange Student

1. A foreign exchange student is an international student who attends high school in Alaska. To be eligible for interscholastic competition, such a student must be under the auspices of, and be placed with a host family by an international student exchange program that has been accepted for listing by the Council on Standards for International Educational Travel (CSIET), or other programs approved by the Association; and be recognized by the U.S. State Department. The foreign exchange program must assign students to host families by a method that ensures that no student, or his/her parents, school or other interested party may influence the assignment for athletic or other purposes. The foreign exchange student may not be selected or placed on any basis related to his/her athletic interests or abilities.
2. A foreign exchange student is considered to be placed with a host family when written notice of placement is provided by the exchange organization to the student and his/her parents, and to the host family.
 - a. Neither the school the student attends, nor any person associated with the school, have input into selection of the student.
 - b. No member of the school's coaching staff, paid or voluntary, shall serve as a host family; nor may a coaching staff member arrange for housing.
3. The foreign exchange student must possess a current J-1 visa, issued by the U.S. State Department.
4. In order to obtain a waiver, a foreign exchange student must meet all other eligibility rules required of other students in Alaska.

B. Other International Students

An international student who is not under the auspices of, and placed by, a CSIET listed exchange program must meet the following requirements in order to be considered for interscholastic eligibility in Alaska:

1. The student must possess a current F-1 visa issued by the U.S. Immigration and Naturalization Service.
2. The student must provide to the principal of the school he/she attends, unofficial untranslated transcript and a transcript that is translated into English by an acceptable agent or agency. The transcripts must indicate course work taken in all grades in which the student was enrolled.

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3. The international student must pay tuition to the high school he/she attends as prescribed in Section 625 of U.S. Public Law 104-208.
 4. No member of the school's coaching staff, paid or voluntary, shall serve as the resident family of the student; nor may a member of the coaching staff arrange for housing.
 5. In order to obtain a waiver, an international student must meet all other eligibility rules required of other students in Alaska.
- C. Additional requirements for Foreign Exchange/ Other International Students:
- Foreign exchange and other international students must also:
1. Attend the school for no less than a complete semester; and
 2. Not have participated in the same sport (for which eligibility is being sought) at another school earlier in the same school year; and
 3. Not have graduated from (the home country's equivalent of) a secondary school; and
 4. Must affirm that there is no evidence of athletic recruitment resulting in the student's attendance at the school either by the school or any other outside entity.
- D. Non compliance with one or more of the foregoing provisions shall render the foreign exchange and the international student ineligible for interscholastic competition.

Students Involved in Exchange/ Travel Programs:

Alaska students involved in exchange/travel programs including but not Rotary International and Youth for Understanding, are eligible for interscholastic competition upon return to their home schools when a request for waiver of the Semester Credit Rule (Bylaw Article 12, Section 7) is made to the Association and waived by the Executive Director. The request for waiver must be submitted on the Alaska Student Foreign Exchange/ Travel Program Waiver form. Alaska students involved in exchange/travel programs must be otherwise eligible by all other rules. Participation in interscholastic competition while involved in an exchange travel program will count toward the maximum years or seasons of participation

in that specific competition as defined in Bylaw Article 12, Section 3.

Boarding School Transfer Rule:

Students who transfer to a boarding school at the beginning of a school year, or from a boarding school at the end of a school year, will be eligible for interscholastic competition at the new school as soon as properly certified. Students who transfer to or from a boarding school during the school year shall be ineligible for interscholastic competition for a period of eighteen (18) school weeks. Boarding school students must meet all other eligibility rules required of other students in Alaska.

NUMBER OF EVENTS FOR DISTRICT ATHLETIC SCHEDULES

- *1. Maximum Games Prior to qualification for State Tournaments:
- | | |
|-------------------------------------|---|
| Baseball | 22 games |
| Basketball—Boys and Girls | 22 games |
| Cross-Country Skiing/ Running | no limit |
| Football..... | 8 games |
| Gymnastics | no limit |
| Hockey | 22 games |
| Riflery..... | no limit |
| Soccer—Boys and Girls | 22 games |
| Softball | 22 games |
| Swimming | no limit |
| Tennis | no limit |
| Track/Field | no limit |
| Volleyball | 22 games |
| Wrestling..... | 24 individual
weigh-in exclusive of
forfeits by opponents
exclusive of conference
tournaments |

* Number excludes Region and State Tournaments.

RECRUITING

If a student or the student's family has been offered remuneration or otherwise unduly influenced to reside in a school district or attendance area, that student is not eligible to participate in interschool activity.



**Student and
Parent / Guardian**

Activity Consent &

Emergency Medical Info. Form

for ASAA or Approved Interscholastic or Extracurricular Activities

Name of Activity	Student Name
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Parent/ Guardian Permission to Participate:

I hereby give permission for the above-named student to engage in ASAA or Fairbanks North Star Borough School District approved interscholastic activities as a representative of his/her school. I also give my consent for this student to accompany the team or group as a member on its out-of-town trips. I understand that the local Board of Education through the Fairbanks North Star Borough carries insurance for accidental injuries sustained in intramural or interscholastic sports events.

Parent/ Guardian Medical Consent:

I hereby give my consent, in the event of injury or illness, for emergency medical treatment, hospitalization, or other medical treatment as may be necessary for the welfare of the above-named student, by a physician, qualified nurse, certified athletic trainer, and/or hospital during all periods of time in which the student is away from his/her legal residence as a member of an interscholastic activity team or group. Further, I hereby waive, on behalf of myself and the above-named student, any liability of the School District, its agents, or employees arising out of such medical treatment.

Parent/ Guardian and Student Rule Awareness verification:

I have read and understand the rules, regulations, policies, and responsibilities as stated in the district's appropriate Student Activities Handbook and the penalties for violation of them. I understand and accept these rules, regulations, policies, and accompanying penalties as conditions for participation.

Parent/ Guardian and Student Risk Awareness Verification:

I understand and acknowledge that organized secondary athletics involve the potential for injury, which is inherent in all sports. I acknowledge that even with the best coaching, use of the most advanced protective equipment, and strict observance of rules, injuries are still a possibility. On rare occasions, these injuries can be so severe as to result in total disability, paralysis, or even death.

Hazing Awareness Pledge:

I promise not to be involved in any hazing/ harassment incident, no matter how minor it may seem. I understand that I may be suspended or expelled from the team and/or school for any incident as a result of my participation or being an idle witness.

EMERGENCY MEDICAL AND CONSENT INFORMATION (PLEASE PRINT CLEARLY)

Student Name		Parent/ Guardian Name for above-listed student	
Mailing Address		Residence Address	
Parent/ Guardian Phone #s	Home Phone	Work Phone	Cell Phone
Emergency Contact if parent/ guardian is not available:	Name of Contact		Phone
Name of Student's Medical Doctor			Phone
Name of Student's Dentist			Phone
Name of Insurance Co.		Policy Number	
Any Medical Conditions?			
Any Medications?			
Any Allergies?			
In case of any medical emergency, I authorize a school district employee to take my son/ daughter to the nearest medical facility for necessary treatment. We, the undersigned, acknowledge that we have read and understand all aspects of this form, including all the above parts and grant permission and consent as required.			

Parent/Guardian Signature	Date	Student Signature	Date
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