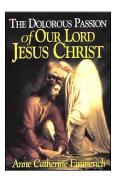
With similar violence the left foot was drawn and fastened tightly with cords over the right; and because it did not rest firmly enough over the right one for nailing, the instep was bored with a fine, flathead piercer, much finer than the ones used for the hands. It was like an auger with a puncher attached. Then seizing the most frightful-looking nail of all, which was much longer than the others, they drove it with great effort through the wounded instep of the left foot and that of the right foot resting below. With a cracking sound, it passed through Jesus' feet into the hole prepared for it in the foot block, and through that again back into the trunk of the cross. I have seen, when standing at the side of the cross, one nail passing through both feet."

### The Life of Jesus Christ and Biblical Revelations (Vol IV, Chapter 47, p 273)

"After the Crucifixion of Our Lord, the executioners passed ropes through a ring at the back of the cross, and drew it by the upper part to the elevation in the center of the circle. Then they threw the ropes over the transverse beam, or derrick, raised on the opposite side. Several of the executioners, by means of these ropes, lifted the cross upright, while others supported it with blocks around the trunk, and guided the foot to the hole prepared for it. They shoved the top somewhat forward, until it came into a perpendicular line, and its whole weight with a tremulous thud shot down into the hole. The cross vibrated under the shock. Jesus moaned aloud. The weight of the outstretched body fell lower, the wounds were opened wider, the blood ran more profusely, and the dislocated bones struck against one another. The executioners now shook the cross again in their efforts to steady it, and hammered five wedges into the hole around it: one in front, one to the right, another to the left, and two at the back, which was somewhat rounded."

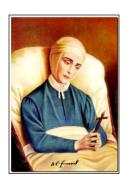


These are powerful and moving descriptions of some of the pain Our Lord went through for us. These descriptions were a great inspiration and direction for this project and hopefully these writings and this processional cross can add to our appreciation for the sacrifices that were made for us on that most agonizing day.



# ICC Processional Cross Dedication September 23, 2007

A comprehensive description of the overall shape and design of this crucifix, as related from Sister Anne Catherine Emmerich's visions follow:



### The Life of Jesus Christ and Biblical Revelations (Vol IV, Chapter 10, p 113)

"The trunk of the Cross belonged to a tree that once grew in the Valley of Josaphat near the brook Cedron. Having fallen across the stream, it had long served as a bridge. When Nehemias hid the sacred fire and the holy vessels in the Pool of Bethsaida, with other pieces of wood it had been used as a covering; later on, it was again removed and thrown on the side of another wood pile. Partly with the view of deriding the royalty of Jesus, partly by apparent chance - but in reality because such was the design of God - the Cross was formed in a very particular way. Together with the inscription, it consisted of five different pieces."

### The Life of Jesus Christ and Biblical Revelations (Volume IV, Chapter 18, p 166)

"The workmen were obliged frequently to bring fresh wood, because this or that piece proved a misfit or broke under their hands. It was in this way that the various kinds of wood were employed that God willed to be used. I have had many visions on this subject, and I have seen the angels hindering the laborers in their work until they recommenced and finished it as God would have it done."

## The Life of Jesus Christ and Biblical Revelations (Volume IV, Chapter 36, p 238)

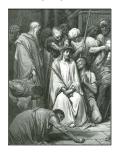
"They wanted likewise the cross of Jesus not to rise higher above His head than those of the two thieves. But it had to be so, for it was at first too short to allow the title written by Pilate to be placed over Jesus' head. They consequently opposed its being made higher by an addition, thus hoping to prevent the title so ignominious to themselves from being put up. But Pilate would not yield. They had to raise the height by fastening on the trunk a piece upon which the title could be placed. And it was thus the Cross received that form so full of significance, in which I have always seen it."

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### The Dolorous Passion of Our Lord Jesus Christ (Chapter 29, p 246)

"Consequently the form of the cross was peculiar - the two arms stood out like the branches of a tree growing from the stem, and the shape was very like that of the letter Y, with the lower part lengthened so as to rise between the arms, which had been put on separately, and were thinner than the body of the cross. A piece of wood was likewise nailed at the bottom of the cross for the feet to rest upon."

#### The Life of Jesus Christ and Biblical Revelations (Vol IV, Chapter 37, p 241)



"The executioners led Jesus in to the center. Several slaves, dragging the wood of the cross, entered through the gate on the western side, and threw it down noisily at His feet. The two arms, which were lighter and provided with tenons, were bound with cords to the trunk, which was broader and heavier. The wedges, the little foot block, and the board just finished for the inscription were carried along with other things by boys who were learning the executioners' trade."

### The Life of Jesus Christ and Biblical Revelations (Volume IV, Chapter 43, p 262)

"They fitted the tenons of the two arms into the mortises made for them in the trunk, nailed on the foot block, bored the holes for the nails and also for the title written by Pilate, hammered the wedges under the mortised arms, and made hollow places here and there down the trunk. These were intended to receive the crown of thoms and Jesus' back, so that His body might rather stand than hang, thus preventing the hands from being torn by the weight and hastening death."

#### The Life of Jesus Christ and Biblical Revelations (Vol IV, Chapter 46, pp 269-271)

"The nails, at the sight of which Jesus shuddered, were so long that when the executioners grasped them in their fists, they projected about an inch at either end. The head consisted of a little plate with a knob, and it covered as much of the palm of the hand as a crownpiece would do. They were three-edged, thick near the head as a moderate sized thumb, then tapered to the point. When hammered in, the point could be seen projecting a little on the opposite side of the cross.

After nailing Our Lord's right hand, the crucifiers found that His left, which also was fastened to the crosspiece, did not reach to the hole made for the nail, for they had bored a good two inches from the fingertips. They consequently

unbound Jesus' arm from the cross, wound cords around it and, with their feet supported firmly against the cross, pulled it forward until the hand reached the hole. Now, kneeling on the arm and breast of the Lord, they fastened the arm again on the beam, and hammered the second nail through the left hand. The blood spurted up and Jesus' sweet, clear cry of agony sounded above the strokes of the heavy hammer. Both arms had been torn from their sockets, the shoulders were distended and hollow, and at the elbows one could see the disjointed bones. Jesus' breast heaved, and His legs were drawn up doubled to His body. His arms were stretched out in so straight a line that they no longer covered the obliquely rising crosspieces. One could see through the space thus made between them and His armpits."

"About a third of its height from below, there was fixed to the cross by an immense spike a projecting block to which Jesus' feet were to be nailed, so that He should be rather standing than hanging; otherwise His hands would have been torn, and His feet could not have been nailed without breaking the bones. A hole for the nail had been bored in the block, and a little hollow place was made for His heels. Similar cavities had been made all down the trunk of the cross, in order to prolong His



sufferings, for without them the hands would have been torn open and the body would have fallen violently by its own weight.

The whole body of our Blessed Redeemer had been contracted by the violent stretching of the arms to the holes for the nails, and His knees were forcibly drawn up. The executioners now fell furiously upon them and winding ropes around them, fastened them down to the cross; but on account of the mistake made in the holes in the crosspiece, the sacred feet of Jesus did not reach even to the block. When the executioners saw this, they gave vent to curses and insults. Some thought they would have to bore new holes in the transverse arm, for that would be far less difficult than moving the foot block. Others with horrible scoffing cried out: 'He will not stretch Himself out, but we will help Him!' Then they tied ropes around the right leg and, with horrible violence and terrible torture to Jesus, pulled the foot down to the block, and tied the leg fast with cords. Jesus' body was thus most horribly distended. His chest gave way with a cracking sound, and He moaned aloud: 'O God! O God!' They had tied down His arms and His breast also that His hands might not be torn away from the nails. The abdomen was entirely displaced, and it seemed as if the ribs broke away from the breastbone. The suffering was horrible.