

Bland Diet Recipe

Mix Equal Parts:

Boiled Hamburger

Boiled Rice

Cottage Cheese

1. Prior to the introduction of the bland diet your pet must fast for 24 hours. Do not allow it to eat ANYTHING for this period, however, give it small amounts of water every 2-3 hours. If your pet has been treated at the clinic it may be past the fasting stage, please ask the doctor or technician.
2. After the fasting period, give the animal 1-2 tablespoons of the bland diet every 2-3 hours. At this time, begin slowly increasing amount and frequency of water.
3. Gradually increase amount and frequency of bland diet until your pet is back on it's regular diet. This should take about 5 days.
4. If your pet vomits after feeding, take all food away for 24 hours. Begin again with 1-2 tablespoons of bland diet after fasting. If it continues to vomit, please call the clinic.

